

## Conversion Table from early to current version of Brain-Trainer for BioEra

Brain-Trainer for BioEra -Early	Brain-Trainer for BioEra - Current
Alpha Theta	ALP - Alpha Theta
Alpha Up	ALP - Alpha Up
BAL Decrease difference between bands (1 C)	BAL - Difference (1 channel, Slow-Fast)
IN (3-11) REW (13-21)	
BAL Decrease difference between bands (1 C)	BAL - Difference (1 channel, Theta-Beta)
IN (4-8) REW (13-21)	
BAL Decrease difference between bands (1 C)	BAL - Difference (1 channel, Alpha-Theta)
IN (8-12) REW (4-8)	
BAL Decrease difference between bands (1 C)	BAL - Difference (1 channel, HiBeta-SMR)
IN (23-38) REW (12-16)	
Alpha Beta	BAL - Alpha Beta Asymmetry
BAL Decrease difference between bands (2 C)	BAL - Difference (2 channel, Slow-Fast)
IN (3-11) REW (13-21)	
BAL Decrease difference between bands (2 C)	BAL - Difference (2 channel, Theta-Beta)
IN (4-8) REW (13-21)	
BAL Decrease difference between bands (2 C)	BAL - Difference (2 channel, Alpha-Theta)
IN (8-12) REW (4-8)	
BAL Decrease difference between bands (2 C)	BAL - Difference (2 channel, HiBeta-SMR)
IN (23-38) REW (12-16)	
FRE 2 C	FRE - FRE2C (Dual Bipolar)
Adults: IN (3-38) REW (12-16)	
Children: IN (3-38) REW (9-13)	
FRE 2 C IN (12-35) REW (2-5)	FRE - FRE2C (Dual Bipolar (Calming))
BAL Decrease sum and difference between sites (2 C)	BAL - Sum & Diff
BAL Decrease difference between bands (4 C)	BAL - Difference (4 channel, Slow-Fast)
IN (3-11) REW (13-21)	
BAL Decrease difference between bands (4 C)	BAL - Difference (4 channel, Theta-Beta)
IN (4-8) REW (13-21)	
BAL Decrease difference between bands (4 C)	BAL - Difference (4 channel, Alpha-Theta)
IN (8-12) REW (4-8)	
BAL Decrease difference between bands (4 C)	BAL - Difference (4 channel, HiBeta-SMR)
IN (23-38) REW (12-16)	
FRE 4 C (individual)	FRE - FRE4C (RH Bipolar settings)
CH 1, 2 and 4: IN (13-38) REW (2-6); CH 3: IN (2-38), no	State & Duration: EO 6-20 min.
REW	
State & Duration: EO 6-20 min.	
Sync 2 C (Alpha/Off/Off)	CON - Sync (Alpha/Off/Off)
Sync 2 C (Gamma/SMR/Off)	CON - Sync (Gamma/SMR/Off)
Sync 2 C (Gamma/Off/Off)	CON - Sync (Gamma/Off/Off) or in slow brains use:
	FRE - FRE1+ (2 channels summed) IN (23-38) REW
	(38-42)
MBC 2 C	CON - Multiband Coherence (MBC) 2C
Sync 2 C (SMR/Off/Off)	CON - Sync (SMR/Off/Off)
Sync 2 C (Delta/Off/Off)	CON - Sync (Delta/Off/Off)
Sync 2 C (Theta/Off/Off)	CON - Sync (Theta/Off/Off)
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Conversion Table - early to current BT4BE

Sync 2 C (Alpha/Off/Off)	CON - Sync (Alpha/Off/Off)
Sync 2 C (Gamma/Off/Off)	CON - Sync (Gamma/Off/Off)
Sync 2 C (Alpha/Theta/Off)	CON - Sync (Alpha/Theta/Off)
Sync 2 C (Alpha/Gamma/Off)	CON - Sync (Alpha/Gamma/Off)
Sync 4 C (Alpha/Off/Off)	CON - Sync (Alpha/Off/Off), 2 channels at a time
Sync 4 C (Gamma/Off/Off)	CON - Sync (Gamma/Off/Off), 2 channels at a time
MBC 4 C	CON - Multiband Coherence (MBC) 2C, 2 channels at
	a time
DMN4C / Sync 4 C (Alpha/Theta/Gamma)	CON - Sync (Alpha/Theta/Gamma), 2 channel training
	Fz and Pz L(A1 A2)
FRE 1 C	FRE - FRE1+ (1 Channel)
FRE 2 C	FRE - FRE2C
FRE 2 C	FRE - FRE2C (Beta SMR)
CH 1: IN (2-11, 23-38) REW (13-18)	Notes: Adjust the REWs if necessary.
CH 2: IN (2-6, 23-38) REW (12-15)	. ,
Notes: Adjust the REWs if necessary.	
FRE 2 C (summed) IN (2-6, 20-30) REW (7-14)	FRE - FRE1+ (2C (Centering) settings)
FRE 4 C (summed) IN (2-6, 19-38) REW (12-15)	FRE - FRE1+ (4 channels summed)
	IN (2-6, 19-38) REW (12-15)
FRE 4 C (summed) IN (2-9)	FRE - FRE1+ (4 channels summed) IN (2-9)
FRE 4 C (summed) IN (6-13)	FRE - FRE1+ (4 channels summed) IN (6-13)
FRE 4 C (summed) IN (9-13)	FRE - FRE1+ (4 channels summed) IN (9-13)
FRE 4 C (summed) IN (19-38)	FRE - FRE1+ (4 channels summed) IN (19-38)
FRE 4 C (summed) IN (2-38)	FRE - FRE1+ (4 channels summed) IN (2-38)
FRE 4 C (summed) IN (2-6, 19-38)	FRE - FRE1+ (4 channels summed) IN (2-6, 19-38)
SMR	FRE - FRE%1C
Notes: Adjust SMR band as necessary.	Notes: Adjust SMR band as necessary.
nIR HEG	HEG (LIFE game)