

Conversion Table from BioExplorer to Brain-Trainer software

| BioExplorer Designs / TQ7 Training Plan | Brain-Trainer for BioEra |
|---|--|
| ALP1C Alpha Theta | ALP - Alpha Theta |
| ALP1C Alpha Up | ALP - Alpha Up |
| BAL1C Difference SLO-FST | BAL - Difference (1 channel, Slow-Fast) |
| BAL1C Difference T-B | BAL - Difference (1 channel, Theta-Beta) |
| BAL1C Difference A-T | BAL - Difference (1 channel, Alpha-Theta) |
| BAL1C Difference HiB-SMR | BAL - Difference (1 channel, HiBeta-SMR) |
| BAL2C Alpha Beta | BAL - Alpha Beta Asymmetry |
| BAL2C Difference SLO-FST | BAL - Difference (2 channel, Slow-Fast) |
| BAL2C Difference T-B | BAL - Difference (2 channel, Theta-Beta) |
| BAL2C Difference A-T | BAL - Difference (2 channel, Alpha-Theta) |
| BAL2C Difference HiB-SMR | BAL - Difference (2 channel, HiBeta-SMR) |
| BAL2C Dual Bipolar | FRE - FRE2C (Dual Bipolar) |
| BAL2C Dual Bipolar (Calming) | FRE - FRE2C (Dual Bipolar (Calming)) |
| BAL2C Sum Difference | BAL - Sum & Diff |
| BAL4C Difference SLO-FST | BAL - Difference (4 channel, Slow-Fast) |
| BAL4C Difference T-B | BAL - Difference (4 channel, Theta-Beta) |
| BAL4C Difference A-T | BAL - Difference (4 channel, Alpha-Theta) |
| BAL4C Difference HiB-SMR | BAL - Difference (4 channel, HiBeta-SMR) |
| BAL4C RH Bipolar | FRE - FRE4C (RH Bipolar settings) |
| State & Duration: EO 6-20 min. | State & Duration: EO 6-20 min. |
| CON2C Alpha Sync | CON - Sync (Alpha/Off/Off) |
| CON2C Gamma SMR Sync | CON - Sync (Gamma/SMR/Off) |
| CON2C Gamma Up | CON - Sync (Gamma/Off/Off) or in slow brains use: |
| | FRE - FRE1+ (2 channels summed) IN (23-38) REW (38-42) |
| CON2C Multiband Coherence (MBC) | CON - MBC |
| CON2C SMR Coherence | CON - Sync (SMR/Off/Off) |
| CON2C Sync One-Band (Delta) | CON - Sync (Delta/Off/Off) |
| CON2C Sync One-Band (Theta) | CON - Sync (Theta/Off/Off) |
| CON2C Sync One-Band (Alpha) | CON - Sync (Alpha/Off/Off) |
| CON2C Sync One-Band (Gamma) | CON - Sync (Gamma/Off/Off) |
| CON2C Sync Two-Band (Theta) | CON - Sync (Alpha/Theta/Off) |
| CON2C Sync Two-Band (Gamma) | CON - Sync (Alpha/Gamma/Off) |
| CON4C Alpha Sync | CON - Sync (Alpha/Off/Off), 2 channels at a time |
| CON4C Gamma Sync | CON - Sync (Gamma/Off/Off), 2 channels at a time |
| CON4C Multiband Coherence (MBC) | CON - MBC, 2 channels at a time |
| DMN4C Sync 3-Band Default Mode Network | CON - Sync (Alpha/Theta/Gamma), 2 channel training |
| | Fz and Pz L(A1 A2) |
| FRE1C | FRE - FRE1+ (1 Channel) |
| FRE2C | FRE - FRE2C |
| FRE2C Beta SMR | FRE - FRE2C (Beta SMR) |
| | Notes: Adjust the REWs if necessary. |
| FRE2C Summed [Centering protocol] | FRE - FRE1+ (2C (Centering) settings) |
| FRE4C In + Rew (for BioPLAY games) | FRE - FRE1+ (4 channels summed) |
| | IN (2-6, 19-38) REW (12-15) |



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|--|---|
| FRE4C Squish (2-9) | FRE - FRE1+ (4 channels summed) IN (2-9) |
| FRE4C Squish (6-13) | FRE - FRE1+ (4 channels summed) IN (6-13) |
| FRE4C Squish (9-13) | FRE - FRE1+ (4 channels summed) IN (9-13) |
| FRE4C Squish (19-38) | FRE - FRE1+ (4 channels summed) IN (19-38) |
| FRE4C Squash (2-38) | FRE - FRE1+ (4 channels summed) IN (2-38) |
| FRE4C Windowed Squash | FRE - FRE1+ (4 channels summed) IN (2-6, 19-38) |
| SMR%1C | FRE - FRE%1C |
| | Notes: Adjust SMR band as necessary. |
| nIR HEG LIFE | HEG (LIFE game) |
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