

## Conversion Table from BioExplorer to Brain-Trainer software

BioExplorer Designs / TQ7 Training Plan	Brain-Trainer for BioEra
ALP1C Alpha Theta	ALP - Alpha Theta
ALP1C Alpha Up	ALP - Alpha Up
BAL1C Difference SLO-FST	BAL - Difference (1 channel, Slow-Fast)
BAL1C Difference T-B	BAL - Difference (1 channel, Theta-Beta)
BAL1C Difference A-T	BAL - Difference (1 channel, Alpha-Theta)
BAL1C Difference HiB-SMR	BAL - Difference (1 channel, HiBeta-SMR)
BAL2C Alpha Beta	BAL - Alpha Beta Asymmetry
BAL2C Difference SLO-FST	BAL - Difference (2 channel, Slow-Fast)
BAL2C Difference T-B	BAL - Difference (2 channel, Theta-Beta)
BAL2C Difference A-T	BAL - Difference (2 channel, Alpha-Theta)
BAL2C Difference HiB-SMR	BAL - Difference (2 channel, HiBeta-SMR)
BAL2C Dual Bipolar	FRE - FRE2C (Dual Bipolar)
BAL2C Dual Bipolar (Calming)	FRE - FRE2C (Dual Bipolar (Calming))
BAL2C Sum Difference	BAL - Sum & Diff
BAL4C Difference SLO-FST	BAL - Difference (4 channel, Slow-Fast)
BAL4C Difference T-B	BAL - Difference (4 channel, Theta-Beta)
BAL4C Difference A-T	BAL - Difference (4 channel, Alpha-Theta)
BAL4C Difference HiB-SMR	BAL - Difference (4 channel, HiBeta-SMR)
BAL4C RH Bipolar State & Duration: EO 6-20 min.	FRE - FRE4C (RH Bipolar settings) State & Duration: EO 6-20 min.
CON2C Alpha Sync	CON - Sync (Alpha/Off/Off)
CON2C Gamma SMR Sync	CON - Sync (Gamma/SMR/Off)
CON2C Gamma Up	CON - Sync (Gamma/Off/Off) <b>or in slow brains use:</b> <b>FRE - FRE1+ (2 channels summed) IN (23-38) REW (38-42)</b>
CON2C Multiband Coherence (MBC)	CON - MBC
CON2C SMR Coherence	CON - Sync (SMR/Off/Off)
CON2C Sync One-Band (Delta)	CON - Sync (Delta/Off/Off)
CON2C Sync One-Band (Theta)	CON - Sync (Theta/Off/Off)
CON2C Sync One-Band (Alpha)	CON - Sync (Alpha/Off/Off)
CON2C Sync One-Band (Gamma)	CON - Sync (Gamma/Off/Off)
CON2C Sync Two-Band (Theta)	CON - Sync (Alpha/Theta/Off)
CON2C Sync Two-Band (Gamma)	CON - Sync (Alpha/Gamma/Off)
CON4C Alpha Sync	CON - Sync (Alpha/Off/Off), <b>2 channels at a time</b>
CON4C Gamma Sync	CON - Sync (Gamma/Off/Off), <b>2 channels at a time</b>
CON4C Multiband Coherence (MBC)	CON - MBC, <b>2 channels at a time</b>
DMN4C Sync 3-Band Default Mode Network	CON - Sync (Alpha/Theta/Gamma), <b>2 channel training</b> Fz and Pz L(A1 A2)
FRE1C	FRE - FRE1+ (1 Channel)
FRE2C	FRE - FRE2C
FRE2C Beta SMR	FRE - FRE2C (Beta SMR) Notes: Adjust the REWs if necessary.
FRE2C Summed [Centering protocol]	FRE - FRE1+ (2C (Centering) settings)
FRE4C In + Rew (for BioPLAY games)	FRE - FRE1+ (4 channels summed) IN (2-6, 19-38) REW (12-15)

